## Significance of Funeral Attendance and Sorry Business for Aboriginal and Torres Strait Islander Peoples

## Executive Summary

It is widely recognised that 'attendance at funerals is an important aspect of Aboriginal culture. Failure to attend the funeral of a relative may cause great distress and possibly lead to consequences for the [incarcerated person] and/or [their] family'.<sup>1</sup> Recognition has also been given to the special kinship and family obligations of Aboriginal and Torres Strait Islander peoples, 'which extend beyond the immediate family'.<sup>2</sup> Kinship and cultural obligations 'may require Aboriginal people to attend funerals even where it is necessary to travel long distances and the deceased person would be considered a distant relative in a Western context'.<sup>3</sup>

Sorry Business<sup>4</sup> is 'a very important part of Aboriginal culture' and funerals can involve entire communities.<sup>5</sup> It is 'an important time of mourning, and it involves responsibilities and obligations to participate in cultural practices, protocols, ceremonies and rituals associated with bereavement and funerals for a deceased person'.<sup>6</sup> The "sorry time" of the funeral and mourning takes precedence over all other matters'.<sup>7</sup> There is no set time period for Sorry Business,<sup>8</sup> and periods of mourning can last for weeks or months beyond the funeral.<sup>9</sup>

Inability to participate in Sorry Business and attend burial ceremonies 'can cause great stress' for Aboriginal and Torres Strait Islander people experiencing incarceration.<sup>10</sup> Failure to attend a funeral 'can be damaging to mental wellbeing. It may also be seen as a sign of disrespect for which there may be cultural consequences'.<sup>11</sup>

Research concerning the impacts of bereavement, grief and loss within Aboriginal and Torres Strait Islander communities has found that 'the experience of bereavement itself means a higher risk for a range of negative physical, mental and social outcomes'.<sup>12</sup> Inability to participate in Sorry Business is one aspect of disconnection from culture for Aboriginal and Torres Strait Islander women who are incarcerated, and may have a negative impact on reintegration following release.<sup>13</sup> Research has also found that '[g]rief associated with suicide adds to the complexity of Aboriginal grief and loss because of the traumatic nature of suicide and its relative frequency as a cause of death in Aboriginal communities...Suicide "clusters" in communities sometimes develop as a result of this experience'.<sup>14</sup>

In the context of bail, '[c]urfews, exclusion zones and non-association orders can "restrict contact with family networks and prevent Aboriginal people from maintaining relationships, performing responsibilities such as taking care of elderly relatives or attending funerals".<sup>15</sup> The Australian Law Reform Commission has acknowledged that such conditions 'rarely address a risk and can be "especially problematic" for Aboriginal people'.<sup>16</sup> The NSW Judicial Commission's *Equality before the Law Bench Book* (2022) observes: 'Reporting and residential conditions need to be realistic and not unduly oppressive — for example, a condition banning residence in a particular town, or requiring court permission to change, may be ruled as unduly oppressive if there is a death in the defendant's family requiring their immediate attendance in that town.'<sup>17</sup>

The desirability of in-person attendance at funerals, where appropriate, has been recognised by both custodial authorities and the courts, with a recent bail decision of the NSW Supreme Court finding that the 'alternative of attending by way of an audio visual link is a very poor substitute'.<sup>18</sup>

<sup>6</sup> Queensland Government, '<u>Respect for Cultural Protocols and Practices</u>' (Web Page, 7 October 2022).

<sup>&</sup>lt;sup>1</sup> Royal Commission into Aboriginal Deaths in Custody, <u>Regional Report of Inquiry into Individual Deaths in Custody in Western</u> <u>Australia</u> (1991) vol 2, 214. See also Corrective Services NSW, <u>Custodial Operations Policy and Procedures</u>, <u>'9.3 Application for</u> <u>Compassionate Leave</u>' (version 1.0) 5 [1.2]; Queensland Corrective Services, <u>Custodial Operations Practice Directive</u>, <u>'5.3 Escorts –</u> <u>Leave of Absence</u>' (version 5.4) 8 [8.2]–[8.3].

<sup>&</sup>lt;sup>2</sup> Royal Commission into Aboriginal Deaths in Custody, *National Report* (1991) vol 3, 313 (Recommendation 171).

<sup>&</sup>lt;sup>3</sup> Western Australian Law Reform Commission, Aboriginal Customary Laws (Discussion Paper, December 2005) 197-8.

<sup>&</sup>lt;sup>4</sup> 'Sorry Business' is a term commonly used within Aboriginal and Torres Strait Islander communities to refer to the grieving process and cultural protocols associated with the death of a community member. Some Aboriginal communities use the term 'Sorry Time', or simply 'Sorry', and some Torres Strait Islander communities use the term 'Sad News': see Queensland Government, <u>Sad News, Sorry Business:</u> <u>Guideline for Caring for Aboriginal and Torres Strait Islander People through Death and Dving</u> (Practice Guide, December 2015) 15. This document uses the term 'Sorry Business' to refer to these practices collectively.

<sup>&</sup>lt;sup>5</sup> Pat Dudgeon, Helen Milroy and Roz Walker (eds), <u>Working Together: Aboriginal and Torres Strait Islander Mental Health and</u> <u>Wellbeing Principles and Practice</u> (2<sup>nd</sup> ed, Commonwealth of Australia, 2014) 549.

<sup>&</sup>lt;sup>7</sup> Australian Institute of Judicial Administration, *Aboriginal Bench Book for Western Australian Courts* (2<sup>nd</sup> ed, 2017) 2:24.

<sup>&</sup>lt;sup>8</sup> See, eg, Government of South Australia, <u>Working with Aboriginal Families: A Practice Resource</u> (Report, Women's and Children's Health Network, 2019) 32.

<sup>&</sup>lt;sup>9</sup> Queensland Government, 'Respect for Cultural Protocols and Practices' (Web Page, 7 October 2022).

<sup>&</sup>lt;sup>10</sup> Corrective Services Administrators Council Indigenous Issues Working Group, Indigenous Strategic Framework (2016) 27.

<sup>&</sup>lt;sup>11</sup> Inspector of Custodial Services (WA), *Funeral Attendances by Incarcerated People in Western Australia* (Report, September 2013) i– ii. See also Western Australian Law Reform Commission, Inquiry into Aboriginal Customary Laws, *Aboriginal Customary Laws* (Discussion Paper, December 2005) 256; Western Australian Law Reform Commission, Inquiry into Aboriginal Customary Laws, *Aboriginal Customary Laws: The Interaction of Western Australian Law with Aboriginal Law and Culture* (Final Report, September 2006) 215.

<sup>&</sup>lt;sup>12</sup> Megan Wynne-Jones et al, '<u>Aboriginal Grief and Loss: A Review of the Literature</u>' (2016) *Australian Indigenous Health Bulletin* 16(3) 2.

<sup>&</sup>lt;sup>13</sup> Australian Human Rights Commission, <u>Wivi Yani U Thangani (Women's Voices) – Securing Our Rights, Securing Our Future Report</u> (September 2020) 188–9.

<sup>&</sup>lt;sup>14</sup> Ibid 3. See also Sven Silburn et al, '<u>Preventing Suicide Among Aboriginal Australians</u>' in Pat Dudgeon, Helen Milroy and Roz Walker (eds), <u>Working Together: Aboriginal and Torres Strait Islander Mental Health and Wellbeing Principles and Practice</u> (2<sup>nd</sup> ed, Commonwealth of Australia, 2014) 147–64.

<sup>&</sup>lt;sup>15</sup> Australian Law Reform Commission, <u>Pathways to Justice: Inquiry into the Incarceration Rate of Aboriginal and Torres Strait Islander</u> <u>Peoples</u> (ALRC Report No 133, December 2017) 157 [5.41]. See also NSW Law Reform Commission, <u>Bail</u> (Report No 133, 2012) 182 [11.54].

<sup>&</sup>lt;sup>16</sup> Australian Law Reform Commission, <u>Pathways to Justice: Inquiry into the Incarceration Rate of Aboriginal and Torres Strait Islander</u> <u>Peoples</u> (ALRC Report No 133, December 2017) 159 [5.49].

<sup>&</sup>lt;sup>17</sup> Judicial Commission of NSW, *Equality before the Law Bench Book* (May 2022) 2131 [2.3.2].

<sup>&</sup>lt;sup>18</sup> See, eg, Inspector of Custodial Services (WA), *Funeral Attendances by Incarcerated People in Western Australia* (Report, September 2013) 39 [4.31]; *Director of Public Prosecutions (NSW) v PH* [2022] NSWSC 1245, [48] (Button J). For further examples of judicial consideration of the significance of funeral attendance, refer to the Case Summary on this chapter webpage.